



LYADIS

Quality of Life  
at Work

# Preventing Sexual Harassment in the Workplace



**Audience:** Employees at all levels

**Duration (approx.):** 45 minutes

**Format:** E-learning training module

**Pre-requisites:** None

**Objectives:**

- Identify what is and isn't sexual harassment
- Prevent and avoid sexual harassment
- Address and correct cases of sexual harassment
- Understand the legal handling of sexual harassment

## TRAINING PROGRAM

### 1 - Understanding Sexual Harassment

- Define sexual harassment
- Understand the impact of sexual harassment in the workplace

### 2 - Recognizing and Identifying Sexist Behavior

- Types of behavior: sexual harassment, gender discrimination, and sexist conduct at work
- Sexual assaults
- The effects of sexist behavior on victims, their coworkers, and employers

### 3 - Responding to Sexual Harassment

- Listen with empathy and remain neutral
- Gather facts, evidence, and written testimonies
- Appropriate actions and common mistakes to avoid
- Mediation

### 4 - Available Remedies and Sanctions

- Remedies: occupational health representative, employee representative, unions, and labor inspection
- Disciplinary actions: transfer, suspension, dismissal
- Legal penalties



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### TEACHING METHOD

This digital training uses interactive scenarios where learners identify harassment and take corrective actions within the legal framework. Regular knowledge checks are included to reinforce learning and ensure retention.

### LEARNING ASSESSMENT

Quiz at the end of the training

**Price:** Contact LYADIS

**Access:** Contact LYADIS

**Availability:** Contact LYADIS

**Accessibility for Individuals with Disabilities:** Contact LYADIS

[Have a question? A LYADIS expert will assist you.](#)